



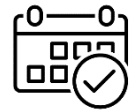
Soar Valley College

A SPECIALIST MATHS AND COMPUTING COLLEGE

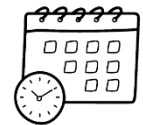
ASPIRE ENJOY ACHIEVE

Top tips for parents

1 Make sure your child is aiming for **100% attendance** between now and their final exams.



2 Encourage your child to discuss their **revision timetables** with you. Are they working? Do they need more or less breaks?



3 Stick a copy of the **key dates** and the timetable on the fridge so you are able to keep informed of when revision is taking place.



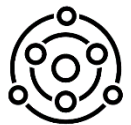
4 Make sure that your child knows the **correct exam boards**, and has any required texts and revision guides necessary for their different subjects.



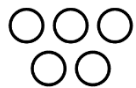
5 Please provide them a **distraction free environment**. Switch off all mobile phones, televisions, etc.



6 Get your child to show you the **revision techniques** they are using such as mind maps, flashcards and test what they can remember (retrieval practice).



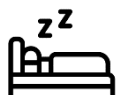
7 Try to help your child to manage their time by encouraging them to use the **'five step'** plan. It's really important that they test what they know and revise their areas of weakness.



8 Do **Praise/reward** when good work is produced both in and out of school.



9 Make sure they are getting enough **sleep**, enough **water** and a **healthy diet**. A well-fed and rested brain learns significantly better, and will make a huge difference to your child's ability to concentrate and learn.



10 Encourage your child to use the **online resources** such as GCSE Pod, Sam learning, ask OLA, Satchel One, Maths Watch etc.

